Occurrence, Treatment, and Toxicological Relevance of Endocrine Disruptors and Pharmaceuticals in Drinking Water

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1. Introduction

Over the past decade a great amount of interest has arisen regarding the occurrence and fate of trace organic contaminants in the aquatic environment. Of particular concern are human hormones and pharmaceuticals, many of which are ubiquitous contaminants in conventional municipal wastewater treatment plant effluents when measured with ng/L detection limits. As analytical procedures and bioassay techniques become more readily available and increasingly sensitive, additional new contaminants will be discovered. The presence or absence of any chemical in commerce in a wastewater effluent is essentially a function of the analytical detection capability. This poses a unique challenge for water treatment processes intent on the removal of organic contaminants, as complete removal is merely a reflection of an analytical reporting limit. The projects described here sought to was designed to investigate the attenuation of a group of structurally diverse emerging contaminants in a variety of commonly utilized conventional and advanced water treatment processes and to determine the concentration of these compounds in drinking water that would be expected to invoke toxicological responses in humans.

This study shows that the majority of emerging contaminants can be readily removed using ozone or UV-advanced oxidation. However, some compounds are recalcitrant and difficult to oxidize using commonly employed oxidant doses. Magnetic ion-exchange (MIEX ®) provided minimal contaminant removal; however, contaminants that were negatively charged at ambient pH were well removed. Activated carbon, both in powdered and granular forms, was effective for contaminant absorption. Carbon type, contact time, and dose or regeneration are influential parameters in removal efficacy by activated carbon. No single treatment process was capable of removing all contaminants consistently to less than the analytical method reporting limits employed. Moreover, each treatment process provided advantages and disadvantages that will be discussed in this chapter. A multi-barrier approach would

provide the most comprehensive removal strategy for organic contaminant treatment.

The human health relevance of pharmaceuticals detected in full scale drinking water facilities in the US was investigated. A series of toxicological endpoints were evaluated, and the most sensitive endpoint chosen as a point of departure. In some cases, the most sensitive endpoint was not the therapeutic effect of the pharmaceutical. For all pharmaceuticals investigated, the drinking water equivalent level (DWEL) of concern was in µg/L, or larger, concentrations. Therefore, there appears to be no human health relevance at the levels detected in drinking water. A further component of this study sought to investigate endocrine disrupting impacts of select EDCs. The EDC component also included an investigation into the estrogenicity of common food items as compared to drinking and reuse water. The concentrations of selected chemicals to induce EDC effects occurred at concentrations far above those found in US drinking waters. Moreover, the concentrations of these chemicals in food/beverage items were often orders of magnitude greater than those find in water. Using an in vitro bioassay, it was determined that the estrogenicity of soy sauce, green tea, and milk were orders of magnitude greater than estrogenicity of water (even wastewater). It is unlikely the endocrine disruptive effects from trace organic chemicals are relevance in US drinking waters.

2. Overview

2.1 History

In 1965 Stumm-Zollinger and Fair of Harvard University published the first known report indicating that steroid hormones are not completely eliminated by wastewater treatment (Stumm-Zollinger and Fair 1965). In an article published in 1970, Tabak and Bunch investigated the fate of human hormones during wastewater treatment and stated "since they (hormones) are physiologically active in very small amounts, it is important to determine to what extent the steroids are biodegraded" (Tabak and Bunch 1970). As early as the 1940s, scientists were aware that certain chemicals had the ability to mimic endogenous estrogens and androgens (Schueler 1946; Sluczewski and Roth 1948). In 1977, researchers from the University of Kansas published the first known report specifically addressing the discharge of pharmaceuticals from a wastewater treatment plant (Hignite and Azarnoff 1977). Despite these early findings, the issue of steroids and pharmaceuticals in wastewater outfalls did not gain significant attention until the 1990s, when the occurrence of natural and synthetic steroid hormones in wastewater was linked to reproductive impacts in fish living downstream of outfalls (Purdom, Hardiman et al. 1994; Desbrow, Routledge et al. 1998; Routledge, Sheahan et al. 1998).

Since the initial link between trace contaminants (sub-µg/L) in wastewater

effluents and ecological impacts in receiving waters, many studies have focused on the occurrence of these contaminants (Halling-Sorensen, Nielsen et al. 1998; Ternes, Hirsch et al. 1998; Daughton and Ternes 1999; Snyder, Keith et al. 1999; Metcalfe, Koenig et al. 2000; Ternes and Hirsch 2000; Snyder, Kelly et al. 2001; Kolpin, Furlong et al. 2002; Vanderford, Pearson et al. 2003). As a result, pharmaceuticals and steroid hormones have been detected in many water bodies around the world (Kolpin, Furlong et al. 2002; Cargouet, Perdiz et al. 2004; Petrovic, Eljarrat et al. 2004). One major contributor of such widespread contamination is municipal wastewater discharge, which impacts surface water quality by contaminating receiving water bodies with chemicals not completely removed by current treatment processes. Indirect potable water reuse, either planned or unplanned, can occur when wastewater treatment plant discharge comprises a significant portion of the receiving stream's total flow. In some cases, effluent dominated surface waters are used as source waters for drinking water treatment facilities. Global water sustainability depends in part upon effective reuse of water. In particular, the reuse of municipal wastewater for irrigation and augmentation of potable water supplies is critical. Public perception and concern regarding trace hormones and pharmaceuticals is creating resistance to reuse projects. necessary to obtain accurate information on the attenuation or elimination of these contaminants from wastewater, the impact of wastewater discharge on surface water or groundwater supplies, and the removal efficiency of the remaining contaminants by drinking water treatment processes.

A significant number of articles have investigated the fate of trace hormones and pharmaceuticals in water treatment processes (Ternes, Kreckel et al. 1999; Ternes, Stumpf et al. 1999; Snyder, Westerhoff et al. 2003; Huber, Korhonen et al. 2005; Westerhoff, Yoon et al. 2005; Snyder, Adham et al. 2006; Snyder, Wert et al. 2006; Yoon, Westerhoff et al. 2006). The ability of a particular treatment process to remove organic contaminants depends mostly on the structure and concentration of the contaminant. In addition, the operational parameters of the process (e.g., oxidant dose and contact time) will also determine the degree of attenuation of a particular contaminant.

3. Results

The results from US drinking water testing for select EDCs and pharmaceuticals are shown in Table 1. The insect repellant N,N diethyl-*m*-toluamide (DEET), the suspected endocrine disrupting herbicide atrazine, and the anti-anxiety pharmaceutical meprobamate were the top three occurring contaminants, respectively, in this study. In raw waters, the profile was quite different. The greatest impact in most water treatment systems occurs during disinfection. Disinfection with ozone provided, by far, the greatest removal of contaminants, followed by free chlorine,

chloramine, and UV, respectively (Tables 2-5). In full scale plants, removal by disinfection was quite comparable to that predicted in bench and pilot scale testing. Removal by activated carbon and membranes can be highly efficient depending upon the operation parameters (Snyder, Adham et al. 2006); however, these processes are far less common in US drinking water treatment facilities. While ozone was found to be highly-efficient oxidizing selected contaminants in both drinking and reuse waters (Snyder, Wert et al. 2006), the formation of oxidation products must be considered.

The human health consideration of selected trace contaminants was evaluated. Table 6 provides the DWEL values for some of the contaminants considered. Using the MCF-7 *in vitro* bioassay, it was demonstrated that estrogenicity of recommended serving sizes of soy sauce, green tea, and cows milk provided far greater estrogenicity than did any wastewater or drinking water. These data show that using an *in vitro* measure of estrogenicity may not be suitable for extrapolation to health risk. Oxidation by ozone and chlorine readily degraded any observed estrogenicity, and subsequent byproducts were no longer estrogenic.

4. Conclusions

Trace levels of hormones and pharmaceuticals are ubiquitous contaminants of municipal wastewater effluents. The detection of these chemicals is a direct function of analytical detection limits. Therefore, more and more trace contaminants will continue to be discovered. Water treatment processes have various levels of efficacy in the attenuation of these contaminants. In drinking water, oxidation provides a cost-effective means for disinfection and simultaneous contaminant removal. Those compounds which are resilient to oxidation are often detected in finished US drinking waters. However, the concentration at which these occur is extremely small, and far below the concentrations that would be expected to be of human health concern. In an evaluation of estrogenicity as a class of toxicity, the estrogenicity of common food items is far beyond that of any wastewater or drinking water evaluated. The relative risk factors of common exposure to EDCs through foods and beverages appears to be far greater than the exposure through drinking water. More research is needed to adequately address human health relevance of EDCs and pharmaceuticals, but it is likely that most drinking waters do not provide a substantial exposure and the concentrations expected to have human health detriment.

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Table 1. Occurrence of EDCs and Pharmaceuticals in 20 US Drinking Waters

Compound	Hits	% Freq	Min (ng/L)	Max (ng/L)	Median (ng/L)	Ave (ng/L)
DEET	18	90	2.1	30	5.1	8.2
Atrazine	15	75	1.4	430	29	74
Meprobamate	15	75	1.6	13	3.8	6.1
Dilantin	14	70	1.1	6.7	2.3	2.7
Ibuprofen	13	65	1	32	3.8	7.9
Iopromide	13	65	1.1	31	6.5	8.5
Caffeine	12	60	2.6	83	23	25
Carbamazepine	11	55	1.1	5.7	2.8	2.8
TCEP	7	35	3	19	5.5	10.1
Gemfibrozil	5	25	1.3	6.5	4.2	3.9
Metalochlor	4	20	14	160	86	86
Estrone	2	10	1.1	2.3	1.7	1.7
Progesterone	2	10	1.1	1.1	1.1	1.1
Erythromycin	1	5	1.3	1.3	1.3	1.3
Musk Ketone	1	5	17	17	17	17
Naproxen	1	5	8	8	8	8.0
Sulfamethoxazole	1	5	20	20	20	20
Triclosan	1	5	43	43	43	43
Trimethoprim	1	5	1.3	1.3	1.3	1.3

Table 2. Summary of Removal by Ozone Disinfection

	24 Minutes Contact Time						
> 80% Removal	50-80% Removal	20-50% Removal	< 20% Removal				
Acetaminophen	DEET	Atrazine	TCEP				
Androstenedione	Diazepam	Iopromide					
Caffeine	Dilantin	Meprobamate					
Carbamazepine	Ibuprofen						
Diclofenac							
Erythromycin							
Estradiol							
Estriol							
Estrone							
Ethynylestradiol							
Fluoxetine							
Gemfibrozil							
Hydrocodone							
Naproxen							
Oxybenzone							
Pentoxifylline							
Progesterone							
Sulfamethoxazole							
Triclosan							
Trimethoprim							
Testosterone							

Table 3. Summary of Removal by Free Chlorine

Chlorine	e Dose = 3 mg/L , Contact T	ime = 24 hours, pH=7.9-8	.5
> 80% Removal	50-80% Removal	20-50% Removal	< 20% Removal
Acetaminophen	Gemfibrozil	Diazepam	Androstenedione
Benzo(a)pyrene		Galaxolide	Atrazine
Diclofenac		Pentoxifylline	Caffeine
Erythromycin			Carbamazepine
Estradiol			DDT
Estriol			DEET
Estrone			Dilantin
Ethynylestradiol			Fluorene
Hydrocodone			Fluoxetine
Musk Ketone			g-BHC
Naproxen			Ibuprofen
Oxybenzone			Iopromide
Sulfamethoxazole			Meprobamate
Triclosan			Metolachlor
Trimethoprim			Progesterone
			TCEP
			Testosterone

Table 4. Summary of Removal by Chloramine

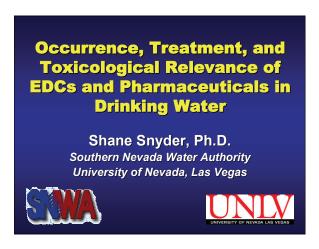
	Chloramine Dose = 3 mg	/L, Contact Time = 24 ho	ours
> 80% Removal	50-80% Removal	20-50% Removal	< 20% Removal
Acetaminophen	Benzo(a)pyrene	Hydrocodone	Androstenedione
Estradiol	Diclofenac	Galaxolide	Atrazine
Estriol	Oxybenzone		Caffeine
Estrone			Carbamazepine
Ethynylestradiol			DDT
Triclosan			DEET
			Diazepam
			Dilantin
			Erythromycin
			Fluorene
			Fluoxetine
			g-BHC
			Gemfibrozil
			Ibuprofen
			Iopromide
			Meprobamate
			Metolachlor
			Musk Ketone
			Naproxen
			Pentoxifylline
			Progesterone
			Sulfamethoxazole
			TCEP
			Testosterone
			Trimethoprim

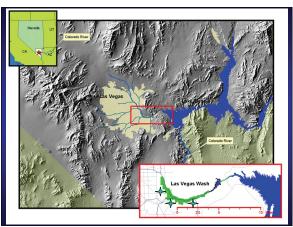
Table 5. Summary of Removal by UV disinfection (40 mJ/cm²)

> 80% Removal	50-80% Removal	20-50% Removal	< 20% Removal
	Diclofenac	Acetaminophen	Androstenedione
	Sulfamethoxazole		Atrazine
	Triclosan		Caffeine
			Carbamazepine
			DEET
			Diazepam
			Dilantin
			Erythromycin-H ₂ O
			Estradiol
			Estriol
			Estrone
			Ethynylestradiol
			Fluoxetine
			Gemfibrozil
			Hydrocodone
			Ibuprofen
			Iopromide
			Meprobamate
			Naproxen
			Oxybenzone
			Pentoxifylline
			Progesterone
			TCEP
			Testosterone
			Trimethoprim

Table 6. Human Health Evaluation of Select Contaminants

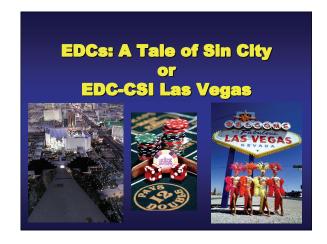
Drug	Composite Safety Factor	DWEL (ng/L)	Max Finished Water Conc. (ng/L)	Margin of Safety
Atenolol	300	81,000	20	4,100
Atorvastatin			<0.25	380,000
o-hydroxy atorvastatin	1,000	96,000	<0.50	190,000
o-hydroxy atorvastatin			<0.50	190,000
Carbamazepine	3,000	330,000	18	18,000
Diazepam	1,000	4,800	<0.25	19,000
Diclofenac	300	66,000	<0.25	260,000
Enalapril	300	33,000	<0.25	130,000
Fluoxetine	1,000	36,000	<0.50	66,000
Gemfibrozil	1,000	450,000	2.1	210,000
Meprobamate	1,000	480,000	43	11,000
Naproxen	300	330,000	<0.50	960,000
Phenytoin	1,000	2,400,000	15	160,000
Risperidone	1,000	780	0.34	2,300
Simvastatin	3,000	57,000	<0.25	230,000
Simvastatin hydroxy acid			<0.25	230,000
Sulfamethoxazole	300	3,900,000	3	1,300,000
Triclosan	1,000	29,000	1.2	24,000
Trimethoprim	300	1,100,000	<0.25	4,400,000



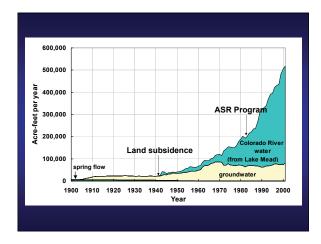




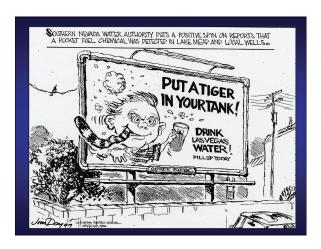








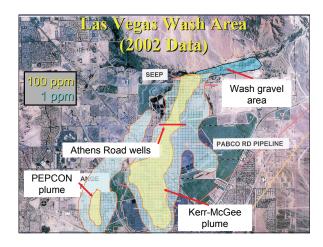
















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Park Service to step up water monitoring at Lake Mead

Keith Rogen

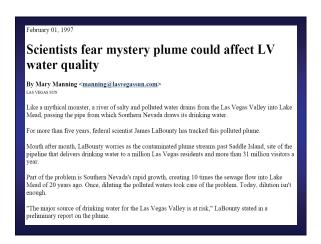
Park service to monitor Lake Mead water more

Despite a study's findings about ${\bf Lake\ Mead\ }$ pollution, the drinking water is safe, the water authority says.

By Keith Rogers Review-Journal

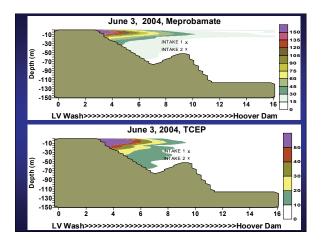
The National Park Service said Tuesday it will increase monitoring of **Lake Mead**'s water quality in the wake of a new federal study that claims a potential link between pollution and problems with carp reproductive systems.

'We're concerned. We all feel we need to find out more,' said Bill Dickinson, assistant superintendent at **Lake Mead** National Recreation Area.



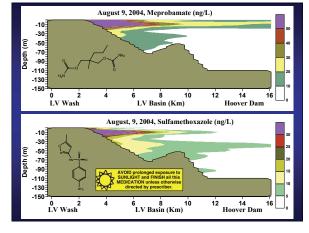


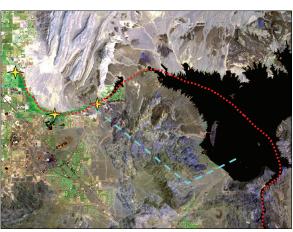


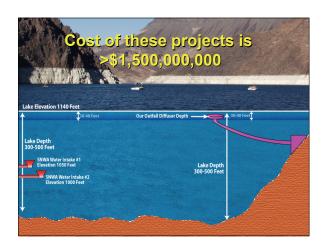


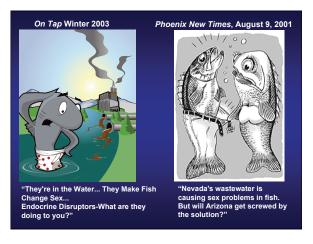








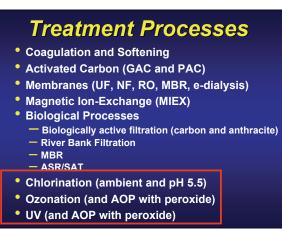


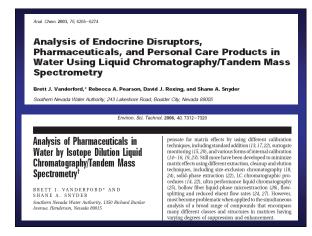


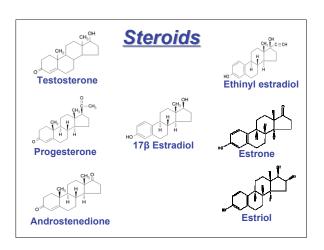
The US Fish & Wildlife Service is requesting a flow-through fish exposure study to compare our current wastewater to wastewater after advanced treatment processes (i.e., membranes, ozone, UV-AOP)

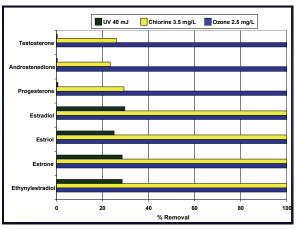


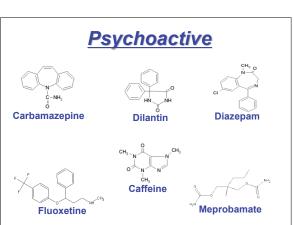


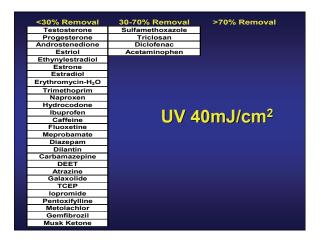


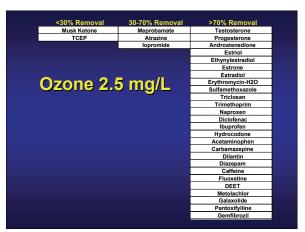


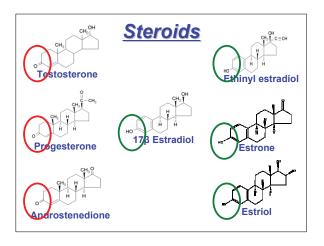


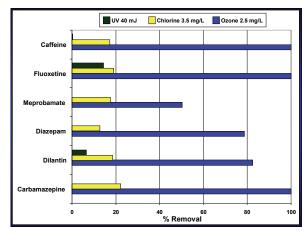




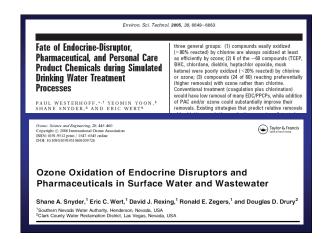


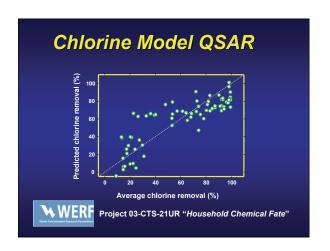


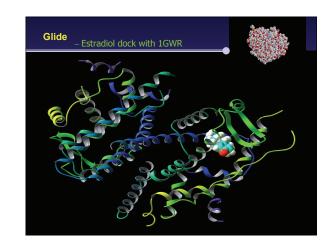




<30% Removal	30-70% Removal	>70% Remova
Testosterone	lbuprofen	Estriol
Progesterone	Metolachlor	Ethynylestradiol
Androstenedione	Gemfibrozil	Estrone
Caffeine		Estradiol
Fluoxetine		Erythromycin-H ₂ 0
Meprobamate		Sulfamethoxazole
Diazepam		Triclosan
Dilantin		Trimethoprim
Carbamazepine		Naproxen
DEET		Diclofenac
Atrazine		Hydrocodone
Galaxolide		Acetaminophen
TCEP		Musk Ketone

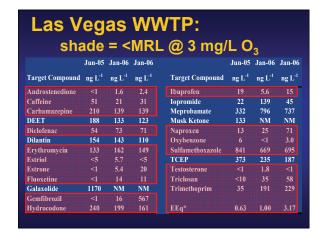




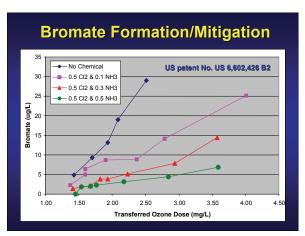


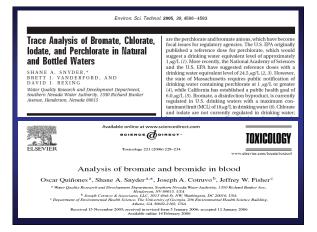


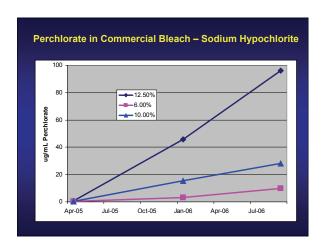
	Jun-05	Jan-06	Jan-06		Jun-05	Jan-06	Jan-0
Target Compound	ngL^4	$ngL^{\text{-}1}$	$ngL^{\text{-}1}$	Target Compound	$ngL^{\text{-}1}$	$ngL^{\text{-}1}$	ng L
Androstenedione	<1	1.6	2.4	Ibuprofen	19	5.6	15
Caffeine	51	21	31	Iopromide	22	139	45
Carbamazepine	210	139	139	Meprobamate	332	796	737
DEET	188	133	123	Musk Ketone	133	NM	NM
Diclofenac	54	73	71	Naproxen	13	25	71
Dilantin	154	143	110	Oxybenzone		<1	3.0
Erythromycin	133	162	149	Sulfamethoxazole	841	669	695
Estriol	<5	5.7	<5	TCEP	373	235	187
Estrone	<1	5.4	20	Testosterone	<1	1.8	<1
Fluoxetine	<1	14	- 11	Triclosan	<10	35	58
Galaxolide	1170	NM	NM	Trimethoprim	35	191	229
Gemfibrozil	<1	16	567				
Hydrocodone	240	199	161	EEq*	0.63	1.00	3.17



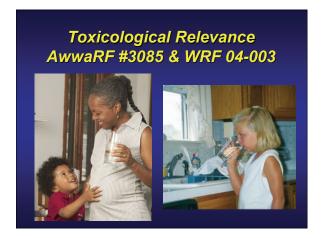


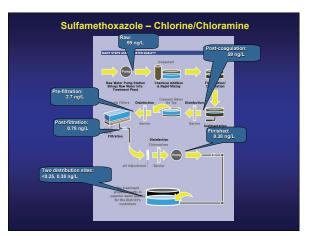




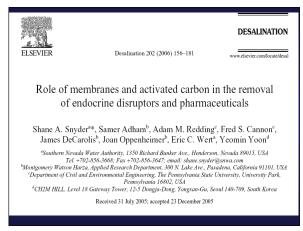


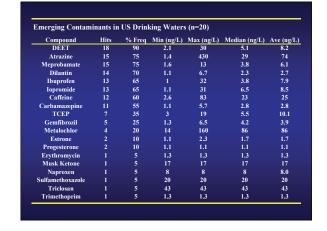


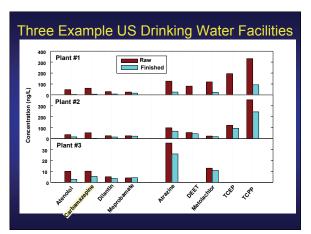




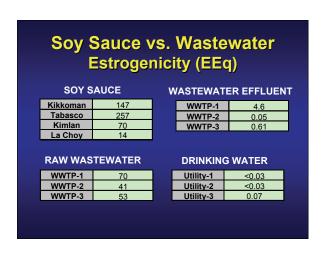




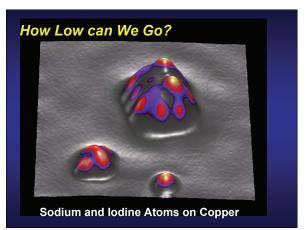


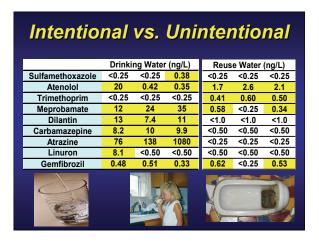


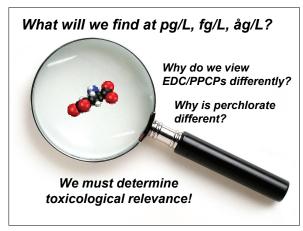
Relevance to Human Health (mg/kg-d) 0.8 (LOAEL) Developmental, human 0.0027 3,000 0.011 200 (LOAEL) Developmental, rat 1 (LOAEL) 0.16 1,000 4 (NOAEL) 0.65 0.0022 0.3 (LOAEL) Developmental, babooi Developmental, rat 7.5 (LOAEL) 0.0012 92 (NOAEL) Reproductive, rat 15 1,000 0.015 No data No data 20 (NOAEL) Developmental, rat 0.011 0.16 (LOAEL) Reproductive, rat 0.026 1,000 0.000026 0.011 250 (NOAEL) Reproductive, rat 0.13













EDCs and Pharmaceuticals are ubiquitous Removal related to structure (and dose) Chlorine good for phenolics, less effective for ketones

Conclusions

- ketonesOzone more effective than chlorine
- UV ineffective at disinfection doses
 - Effective with high-energy UV & AOP using peroxide
- Ozone eliminates in vitro estrogenicity
- Surface water under influence of conventional WWTPs will have more trace contaminants than IPR system

Take Home Thoughts...

- Non-detect ≠ Safe
- Safe ≠ Non-detect
- Non-detect ≠ Zero
- · Consider public perception
- · Consider public dollars
 - The public will pay for monitoring programs
 - The public will pay for additional treatment
- · There is NO silver bullet
 - Oxidation = Byproducts
 - Membranes = Brines
 - Activated Carbon = Disposal/Regeneration
 - ALL processes use energy = air quality issues





- > Leaders in sustainability
- > Model City for conservation
- > Model City for research
- Explore cutting-edge conservation practices
- International destination "water tourism/science"
- Establish collaborations globally





Kim8, Jaeweon Cho8, and Shane A. Snyder



