Planning method proposal for elderly housing with supportive services for the living security of elderly people.

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1. Overview of registration regulations for elderly housing with supportive services
   As our super-aging society rapidly progresses, households comprised of elderly singles and couples have increased. Because of this, the "Housing with home-care services provided" registration system was established (October 20, 2011) for prefectural governors planning the stabilization of residence for elderly persons. This regulation requires housing that satisfies a certain degree of standards pertaining to the hardware of the housing (a housing area, in principle of over 25㎡, toilet/washroom facilities, barrier-free) and services (staff are stationed in the daytime to offer safety checks and life consultation services), obligating businesses to optimize the tenant contracts, and government to supervise housing management and services, while service promotions are supported by the nation's aid/taxation system/funds.

2. The purpose of examining the plan method
   The registration standards for elderly housing with supportive services are the minimum standards that must be secured in registrations. In order to secure the stabilization of long term residences for elderly people, various schemes in terms of planning apart from the registration standards are required, regarding the provision of life support services and hardware plans to support the psychosomatic state and living needs of the elderly.
   Because of this, examinations regarding plan methods will be conducted from both a hardware and software perspective, presenting the basic concept of the plan, points and cautions, and the advisable integrated/systematic technical information.

3. Points on examining the plan method
   The major characteristic of senior citizen housing with home-care services is shown in Table 1. Placing the most importance on "risk management" and “supporting changes in the psychosomatic state of the tenant,” examinations of the plan method were coordinated from the perspective of "buildings/facility designs with a high level of safety," "high stability life support services" and "service management duties based on risk management" (Figure 1).

4. Releasing and making the results widespread
   We will release the results in NILIM research reports to plan its widespread use by holding lectures for businesses etc.

Table 1: Characteristic of senior citizen housing with home-care services (Singularity)

| (1) The tenant is an elderly person whose bodily functions have decreased | • Aging after moving in, the nursing care level and medical dependence changed, with an increase in accident risks in daily living. |
| (2) Services and housing is integrated | • It is easy to be affected by the external environment like system revisions or the labor market. |

Characteristics of housing for the elderly (special characteristics)

1. The tenants are elderly people
   • It targets elderly people whose bodily functions and immunity has decreased
   • The needs for nursing care level and medical dependence has changed through aging
2. Services and housing is integrated
   • It is easy to be affected by changes of the external environment (like regulations or the labor market)
   • Integral life support services are provided

Figure 1: Structure of the senior citizen housing with home-care services plan method